

October 2018

<http://cameron.burnabyschools.ca>

At Cameron Elementary School, where everyone is respected, we believe in taking responsibility for our actions, being diligent in our learning, caring for each other and having fun together.

Talk Sex Today.

[Body Science Boot Camp for Parents](#)

Parenthood never arrives with a rulebook, and when it comes to explaining the world of sexual health to your child, it can be hard not to end up a bright shade of red. Using humor and straight talk in an open, interactive environment, Saleema Noon Sexual Health Educators will show you how easy it is to convey healthy, positive messages about sexual health to kids.

In this workshop parents will learn:

Why we need to talk to children about sexual health at a young age

How to reduce risk of child sexual abuse

What children should know at each stage of development, with specific examples of how to explain concepts and processes

How to become their kids' preferred source of sexual health information

How to normalize open, honest sexual health conversations in their family

How to effectively answer even the toughest questions kids ask

What will be covered in Body Science workshops for students which are scheduled for October 11 and 12, 2018

Join us!

When: Tuesday October 9, 2018

Time: 6:30 pm – 8:00 pm in the Library

SPONSORED BY Saleema Noon Empowerment Foundation

For more information about Saleema Noon Sexual Health Educators go to www.saleemanoon.com.



Cameron Welcome Back BBQ

Thanks to everyone who made our Back to School barbecue so enjoyable. It was wonderful to see parents, staff and students mingle and share food. We had a great time connecting with our school community and meeting our neighbours! A big thank you to the PAC for organizing this event

Verification Forms

Student Verification Forms will be sent home shortly. Please be sure to make any changes and return the form to your child's teacher as soon as possible. It is important for the school to have current contact information for parents so that we will be able to reach you in the event of an emergency. If we are unable to reach a parent/guardian, we will call the next contact on the list.

**Emergency Release Forms**

These forms will be sent home with the Verification Forms. "Authorized Designates" (Contacts) on the Emergency Release Form must be walking distance to the School as in the event of an earthquake or other natural disaster, roads may be impassable.

**Intermediate Choir**

Students interested in joining the intermediate choir with Ms. Hesketh will be meeting every Monday at lunch in the Music portable at 12:05pm. There will not be any after school rehearsals unless special circumstances arise.

**Absences and Lates**

Please phone our school secretary, Mrs. Brown, at 604-296-9005, or send an email to Janice.Brown@burnabyschools.ca between 8:00am and 9:00am or leave a message on the school's voicemail whenever your child is absent from school or will be arriving late.

**Individual School Photos**

Individual photos of each student will be taken on Tuesday, October 9th. It is the Tuesday right after the holiday Monday. There is no payment required unless you wish to order a photo. You will have the opportunity to see the photo prior to ordering.

**Cameron Credit Union**

Our very own Cameron Credit Union opens on Tuesday, October 9th. The credit union is staffed by our very own Cameron students and supervised by Mrs. Wakeling and Grace Yule from Vancity. Students have the opportunity to save their own money by bringing their extra change, savings and allowance to Cameron Elementary every Tuesday. The bank is open to students at lunch in the main hallway from 12:05-12:30pm. If you would like to sign up, please ask your classroom teacher, or Mrs. Wakeling in room 4, for an application. The sooner your child applies, the sooner they can start saving!



'intheknow'

education + networking sessions

Hello families.

In the Know meetings have started up again and will be held every last Tuesday evening of the month. For all those who don't know, In the Know is an amazing service provided by Family Smart (formerly The Force). Each month there is a webinar that explores topics related to child and youth mental health and substance use challenges. Topics that have been previously covered include, "Building Relationships between Home and School", "Supporting Children with Trauma", "Insight to Engagement," and much more. The following website will provide more information and will have a library of webinars for you to look through.

<http://www.familysmart.ca/programs/in-the-know/>

The next IN the KNOW will be on October 30th at 6:30pm. The topic will be announced on the website. For more information, you can contact **Graeme Partridge-David**, who is a parent in residence in our area. He can be contacted if you or someone you know has a child with a mental illness and is struggling to navigate the system. He generally leads the community webinars as well.

The address for **In the Know** topics is 811 Royal Avenue in New Westminster.

**Graeme Partridge-David - Parent in Residence for Burnaby/New Westminster
Institute of Families for Child & Youth Mental Health**

o: [604-878-3400](tel:604-878-3400)

e: graeme.partridge-david@familysmart.ca

w: www.familysmart.ca

f: www.facebook.com/Familysmart.ca

t: [@IFCanada](https://www.instagram.com/IFCanada)

Participate in person at a **community site** near you or view a webinar from our **online library** anytime. In person In the Know community events run Sept-June.

Community viewing sites are offered in many communities. To learn more about what is happening in your community this month, look at our **events** or contact your **Parent in Residence**.

Watch our newest webinar on **Social Skills Support for Children Living with Mental Health Challenges**.

Watch any webinar from **our library**! You can search for webinars by keyword, view channels of webinars that share common themes and/or scroll through the whole catalogue and watch what interests you.

Parent Advisory Council (PAC) News

www.cameronpac.ca

Every parent and guardian of a Cameron student is a member of the Cameron PAC.

Thank you!

Staff and families for supporting and coming to our annual *Back to School BBQ* on Sept 20th! We had a great turnout in spite of the rainy weather. Volunteers- we couldn't have done this without your help. Thank you!

Check out...

Our new pages on the school website: cameron.burnabyschools.ca/parents

Indigo Fundraiser

Visit the Coles store in Lougheed Mall and donate to the Adopt A Reader program. 100% of the funds raised will go to getting new books for our school's library. It runs until Sunday, October 7th.

Movie Night

Join us for a **free** movie night on Thursday, October 18th at 6:00 pm. The feature movie will be "**Hotel Transylvania 3.**" A notice with more details has been sent home.

Family photo night

October 26th and 29th. More details to come.

Housing project

On October 16th we will have a guest presentation from Pottinger Bird Consultants with information about a housing project that would add 3 towers of rental housing next to the school.

Welcome to the PAC!

Social Coordinator *Rocio Stapp* and **Emergency Preparedness Coordinator** *Andrea Flett*.

We're still looking for a Special Projects Coordinator - contact Jen at cameronchair.pac@gmail.com to find out more about this position.

Next meeting:

October 16th

The PAC hosts social events for the school community; raises funds to purchase tech, sports, and music equipment; and supports both families and the school in many other ways.