

MARCH 2018

At Cameron Elementary School, where everyone is respected, we believe in taking responsibility for our actions, being diligent in our learning, caring for each other and having fun together.

Tips to Combat Cyberbullying



Bullying has been around for decades and although the definition of bullying hasn't changed much, the Internet has made it easier for kids to get bullied. Online bullying (cyberbullying) is a relatively new phenomenon that has caused students, parents and teachers considerable grief over the years.

So what can you do if your child is being bullied and/or harassed online? There is no single solution; rather, there are a suite of strategies that we can draw on for assistance. I've reviewed a few different web sites, in conjunction with my own experience, to list the following (in no particular order of importance) strategies that you and your child may want to consider:

- * Keep the computer in a common area of the home. Do not allow it in your children's bedrooms. Monitor their online usage.
- * Learn how various social networking websites work. Become familiar with popular social media apps. Ask your children if they will show you their profile pages.
- * Talk regularly and specifically with your children about online issues. Let them know they can come to you for help if anything is inappropriate, upsetting, or dangerous.
- * Build trust with your children. Set time limits, explain your reasons for them, and discuss rules for online safety and Internet use. Ask your children to contribute to establishing the rules; then they'll be more inclined to follow them.
- * Tell your children not to respond to any cyberbullying threats or comments online. However, do not delete any of the messages. Instead, print out all the messages, including the e-mail addresses or online screen names of the cyberbully. You will need the messages to verify and prove there is cyberbullying.
- * Don't threaten to take away your children's computers if they come to you with a problem. This only forces kids to be more secretive.
- * Talk to your school's Guidance Counselors, Teacher or Principal so they can keep an eye out for bullying during the school day. Your school may be able to help with the investigation and navigating an appropriate course of action.

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- * If there are threats of physical violence or the bullying continues to escalate, get law enforcement involved.
- * Know that it's not your fault. What people call "bullying" is sometimes an argument between two people. But if someone is repeatedly cruel to you, that's bullying and you mustn't blame yourself. No one deserves to be treated cruelly.
- * Tell the person to stop. This is completely up to you – don't do it if you don't feel totally comfortable doing it, because you need to make your position completely clear that you will not stand for this treatment any more. You may need to practice beforehand with someone you trust, like a parent or good friend.
- * Use available tech tools. Most social media apps and services allow you to block the person. Whether the harassment is in an app, texting, comments or tagged photos, do yourself a favor and block the person. You can also report the problem to the service. That probably won't end it, but you don't need the harassment in your face, and you'll be less tempted to respond. If you're getting threats of physical harm, you should call your local police (with a parent or guardian's help) and consider reporting it to school authorities.
- * Protect your accounts. Don't share your passwords with anyone – even your closest friends, who may not be close forever – and password-protect your phone so no one can use it to impersonate you.
- * Respond thoughtfully, not fast. What parents don't always know is that they can make things worse for their kids if they act rashly. A lot of cyberbullying involves somebody getting marginalized (put down and excluded), which the bully thinks increases his or her power or status. If you respond publicly or if your child's peers find out about even a discreet meeting with school authorities, the marginalization can get worse, which is why any response needs to be well thought out.
- * More than one perspective needed. Your child's account of what happened is likely completely sincere, but remember that one person's truth isn't necessarily everybody's. You'll need to get other perspectives and be open-minded about what they are. Sometimes kids let themselves get pulled into chain reactions, and often what we see online is only one side of or part of the story.



We Have the Best Students at Cameron

Earlier this week a Kindergarten student lost her digital camera on our school field. She and her classroom teacher scoured the field twice to try and find it but they were not successful. We made an announcement over the PA System to alert students in the school that we were looking for a digital camera. About an hour later, Makayla from Division 10 came to the office with a cold and slightly wet digital camera. We were able to return the camera to a very happy Kindergarten student. I am so proud of Makayla for doing the right thing! Way to go Makayla.

Cameron School Uses Wheelchairs!

The entire school of Cameron Elementary got a chance to use wheelchairs and play games using the wheelchairs. One of the games was wheelchair basketball. A lot of people enjoyed it and understood how people with wheelchairs felt and how their everyday lives feel and what makes it hard to be in a wheelchair. Everyone learned how to spin and move a wheelchair. Overall it was great for everyone to learn about wheelchairs!

By Alex Karamov and Michaela Milillo

<http://www.burnabynow.com/news/education/burnaby-students-roll-with-wheelchair-basketball-1.23185065>



In February **Cameron's Me-to-We Club** did a great job of hosting the Friendship Day Dance and the Anti-Bullying Assembly. The students raised over \$100 for children in Kenya and raised awareness about the importance of friendship and fighting against bullying for all Cameron students. *Stay tuned for their upcoming Book Sale in April to raise more money for children in need!*



Missing Ice Packs

We are missing many of our little colourful ice packs that we give to the students when they have an injury. If you find any in your home or in your child's back pack please bring them to the office. Thank you!



Clothing & Shoe Drive

Cameron School is once again participating in a **Clothing & Shoe Drive fundraiser in April**. We are looking for **used clean clothes, paired shoes, belts, purses, towels and linens!** Please **bring the items in plastic bags**, any size will do! Please feel free to return more than one bag if you have more to donate – the more we collect, the more money we earn for our school. Please have all donations returned to the school between April 3rd to April 16th. Tables will be set up in the undercover area next to the Music Portable. Please drop off all donations between 8:45am – 2:45pm.



Literacy Week

Cameron School is getting ready to celebrate Literacy Week! We have many exciting activities planned. A letter will be sent home to explain all the activities in further detail.



Literacy Week - A Week At A Glance

Monday March 12	Tuesday March 13	Wednesday March 14	Thursday March 15	Friday March 16
Wear A Word Day	PA POEM Reading	Pajama Day	PA POEM Reading	School Walk to view Decorated Classroom Doors
PA POEM Reading	School Wide 'Character' BINGO	Drop Everything and Read Day (D.E.A.R)	Family Literacy Bingo Cards (due by 3:00 pm)	PA POEM Reading
Guest Reader Day (Student Leadership)		Literacy Assembly/ Buddy Activity		
Decorate Your Classroom Door				

Guess the Staff Member's Favourite Children's Picture Book
Scholastic Book Fair in the Library (Monday - Thursday)

Supplies are needed!



As part of our Applied Design Skills and Technology (ADST) curriculum, we require a lot of supplies to teach students new skills.

If you have any yarn (any size or colour) toilet paper rolls, magazines, buttons or any cloth, a donation would be greatly appreciated!

Please bring your donation to the office.

Thank you
Cameron Staff



Absent/Late Phone Calls



For the safety of your child, please remember to call the school office (604-296-9005) and leave a voicemail in the morning if your child will be absent or late. Or if you'd prefer to email, please email the secretary at janice.brown@burnabyschools.ca. Thank you.

Moving during the Summer?

If you know that you will be leaving the school at the end of this school year, please contact the office by emailing the secretary at Janice.Brown@burnabyschools.ca or by calling 604-296-9005.



Music Notes from Mr. Autio

On January 30, Cameron Cubs Intermediate Choir participated in Burnaby Mountain Secondary's 4th annual Sing Thing extravaganza! We sang two selections, listened to choirs from Stoney Creek, Forest Grove, and new friends from Lyndhurst and Seaforth, as well as learned a mass piece composed by Mountain's choir teacher, Ms. Gestrin. We learned from the secondary kids and got cookies. It was heartwarming, fulfilling, and exciting!



Choir is a great place to be at Cameron Elementary!



Parent Advisory Council (PAC) News

www.cameronpac.ca

Every parent and guardian of a Cameron student is a member of the Cameron PAC.

MARCH 2018

Movie Night: Save the date: **April 20th**. We are planning a Movie Night at our school. More details to come.

Purdy's Chocolate Fundraiser: Thank you to all the families that sold chocolates!

The winners are:

Anna	Div 12
Michaela	Div 4
Logan	Div 8
Nate	Div 11
Hannah	Div 11
Mihliya	Div 13
Mickenzie	Div 16

Grand Prize Winners:

Nathaniel	Div 14	I-tunes Gift Card
Ryan	Div 15	I-tunes Gift Card
Damien	Div 6	\$100 Gift Card to Lougheed Mall
Ms Miletich's Class		Pizza Party

We are still waiting for money to be turned in. **All money is due now.**

Spin the Wheel: Come and Spin the Wheel at Save On Foods, on Saturday, **March 31st** from 1:00-4:00pm. Families can spin to win More Rewards points while our school receives funds for future events such as the Welcome Back BBQ, Pancake Breakfast, and Sports Day.

PAC Meeting: Tuesday, **March 13th** (7:00-9:00 pm, school staff room)

CONTACT THE PAC



Contact us through the contact form at www.cameronpac.ca, or leave a message for us at the school office. We can address any questions or concerns you have about the PAC or the school.

The PAC hosts social events for the school community; raises funds to purchase tech, sports, and music equipment; and supports both families and the school in many other ways.

You are invited to our

Book Fair!



The Scholastic Book Fair is coming to our school! What better way to promote reading to our students than by supporting this important literary event.

We invite your child and family members to participate by purchasing the latest and greatest in children's books. Did you know that if we sell between \$1500 and \$3000 in books the school receives 50% of that total back in books for our school library? As a bonus, any total we sell in books, the school receives 20% in books back off the scholastic books shelves. Your support of this vital literary event is key in helping us obtain new books and resources for our library and classrooms.

You'll find hundreds of quality books at our Book Fair with a wide assortment for all reading levels. At the book fair, every time you make a purchase there will be draw ballot that parents or students can deposit. You could win \$50 in books – \$25 for your family PLUS \$25 for your child's classroom!

Don't forget to mark the Book Fair dates on your calendar! We look forward to seeing you during our Scholastic Book Fair and thank you, in advance, for supporting this great literary fundraiser.

Mostly, thank you for believing in books and the importance reading has on your child's future.

Book Fair Dates: **Monday, March 12th -Thursday, March 15th**

Book Fair Times:

Monday, March 12th - 10:35am to 3:30pm
Tuesday, March 13th - 9:00am to 3:30pm
Wednesday, March 14th -9:00am to 3:30pm
Thursday March 15th - 9:00am to 3:30pm

Location: In the Library!

We accept checks made payable to our school.
 Visa, MasterCard and Debit are welcome, too.



The Burnaby School District is seeking applications for the casual, on-call positions of **Crossing Guard** and **Student Supervisor**.

Successful applicants will have:

- ⇒ Grade 12 education
- ⇒ demonstrated ability and experience in working with children

The ability to work throughout the District and be available for shifts every day school is in session is a definite asset.

Please submit a resume and cover letter to:

Grae Emerson, HR Advisor
 Burnaby School District
 5325 Kincaid Street
 Burnaby BC V5G 1W2
grae.emerson@burnabyschools.ca



Only those applicants selected for interview will be contacted.

Primary Days of Music



We are excited for all grade 2 and 3 students who will participate in the annual Primary Days of Music event the morning of March 12 at Malborough Elementary. This event includes thousands of grade 2 and 3 students from across Burnaby School District and demonstrates the unifying nature of making music together. Parents and guardians of students in grades 2 and 3 will soon receive a permission form. There is no cost for this event.

This year our songs explore the many emotions we feel and can give to the audience when we sing. We have some repeated favourites from last year and several new songs to add to our repertoire. At Cameron we love to sing and share our powerful voices!



Lyndhurst Preschool



Register your child for a quality program which offers a wide variety of experiences.

- **Creative Arts** **Music and Movement****
- **Learning Games** **Social Development****
- *Positive environment building self esteem***
- *Established program***
- *Qualified staff having many years of experience***

Children may attend from the age of 30 months to 5 years

For more information check out

www.lyndhurstpreschool.com

or call

Vicki at 604 861 9198 or Lyn at 604 421 4737

BARRACUDAS

EST. 1959

Burnaby Barracudas Aquatics Club

WWW.BURNABYBARRACUDAS.COM

Swim Stronger. Swim Faster

- Swimming
- Baby Barracudas
- Water Polo
- Diving

JOIN US!

- Kids ages 3 - 18
- Swimmers 6 & up must swim min. 25 meters

Summer Season - May to August
* swim, water polo, dive, masters

Winter Maintenance - Sept. to April
* swim only

For more information contact:
✉ : registrar@burnabybarracudas.com