

# IN YOUR SCHOOL THIS WINTER

These two programs are being offered to Cameron school students at a low cost of \$1.00 per hour. Burnaby Parks and Recreation Community services were successful in obtaining grant money from the British Columbia Recreation Professional Association.

## Sports Zone

Come join our two enthusiastic leaders in this multi sports and games program. A physical literacy component that includes the fundamentals of movement for activities such as throwing, kicking, dribbling and more will also be part of the program.

**Grades 4 - 7**

**Wednesday 2:55-4:25pm, 8 sessions, \$12.00**

**January 24—March 14**

**Barcode: 470482**



## Sports and Drama

In this program children will do 45 minutes of drama and 45 minutes of sports and games. Through creative drama games, exercises, stories of their own creation or other forms, dramas may be explored, acted out and enjoyed.

**Kindergarten—Grade 3**

**Friday 2:55-4:25pm, 7 sessions, \$10.50**

**January 26-March 16**

**(no program Feb 16th)**

**Barcode: 470483**



**>> Fundamental Movement Skills**

rolling	throwing	swimming
walking	running	climbing
hopping	jumping	landing
kicking	skipping	catching
skating	hitting	

**>> Motor Abilities**

endurance	balance
coordination	speed
flexibility	agility

A photograph of a young boy in a green vest and black pants running around an orange cone.

**For program information please call Laurie Bedford 604-297-4529**  
**Please do not contact the Cameron School office.**