

SCHOOL MEAL PROGRAM

Hot Lunch Menu Date: Oct 2 - 27, 2017

Thank you for supporting the School Meal Program

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Chicken Lo Mein	Turkey	Curry Beef on	Fish Taco	Ravioli with
	Meatball with	Rice		Tomato Sauce
	Spaghetti		Cucumbers &	
Canned Fruit		Fresh Fruit	Dip	Fresh Fruit
	Tossed Salad			
Milk	Milk	Milk	Milk	Milk
9	10	11	12	13
	Meat Sauce	Butter Chicken	Hot Dog	Pizza Day
Thanksgiving	with Whole	with Brown Rice		
	Wheat Penne			
		Tossed Salad	Fresh Fruit	Caesar Salad
	Canned Fruit			
	Milk	Milk	Milk	Milk
16	17	18	19	20
BBQ Chicken	Meatball with	Salsa Chicken	Beef Burrito	
with Hash	Rotini in Tomato	with Corn	with Salsa	Pro D Day
Brown	Sauce			
		Fruit Yogurt	Carrots & Dip	
Canned Fruit	Tossed Salad	Milk	Milk	
Milk	Milk			
23	24	25	26	27
	Cacciatore	Sloppy Joe	Mac & Cheese	Pizza Day
No School	Chicken with Tri		(Whole Wheat)	
	Colour Rotini	Caesar Salad		Cucumbers &
			Fresh Fruit	Dip
	Canned Fruit	Milk	Milk	
	Milk			Milk